

Start



__ Read 15 Minutes
OR
__ Smile at 20 people.

__ Read 15 Minutes
OR
__ Write down 10 of
your favorite animals.

__ Read 15 Minutes
OR
__ Pick up 20 pieces of
litter and then wash
your hands.

__ Read 15 Minutes
Or
__ Plant some flower
seeds at your home.

__ Read 15 Minutes
OR
__ Take a walk and listen to the birds.

__ Read 15 Minutes
OR
__ Write down 10 objects
from the kitchen that begin with "S".

__ Read 15 Minutes
OR
__ Leave a thank you note or
picture for your mail carrier.

PRIZE

__ Read 15 Minutes
OR
__ Make and give a gift to a friend.

__ Read 15 Minutes
OR
__ Pick up 20 pieces of litter
and then wash your hands.

__ Read 15 Minutes
OR
__ Pick up 20 pieces of litter
and then wash your hands.

PRIZE

__ Read 15 Minute
OR
__ Write down 10 animals
you would like for a pet.

__ Read 15 Minutes
OR
__ Wash hands and then
bake cookies with an adult.

__ Read 15 Minutes
OR
__ Help your family or
friend with a chore.

__ Read 15 Minutes
OR
__ Volunteer to gather all of the dirty laundry -
then wash your hands.

__ Read 15 Minutes
OR
__ Take a walk and listen
to the birds.

__ Read 15 Minutes
OR
__ Hand draw birthday cards
for the nursing home.

__ Read 15 Minutes
OR
__ Play a game with a
member of your family.

__ Read 15 Minutes
OR
__ Smile at 20 people.

__ Read 15 Minutes
OR
__ Pick flowers and give them
to your neighbor.

__ Read 15 Minutes
OR
__ Tell at least 10 people
to have a nice day.

__ Read 15 Minutes
OR
__ Do an A-Z scavenger hunt
finding things inside your house.

__ Read 15 Minutes
OR
__ Thank a teacher with
a note or picture.

__ Read 15 Minutes
OR
__ Hug everyone who lives
in your home.

PRIZE

__ Read 15 Minutes
OR
__ Write down 5 imaginary places
you would like to go
on vacation.

__ Read 15 Minutes
OR
__ Write down 10 places
you would like to go
on vacation.

__ Read 15 Minutes
OR
__ Write down 10 places
you would like to go
on vacation.

__ Read 15 minutes
OR
__ Write down 10 words
that describe what you
like about your Mom.

__ Read 15 Minutes
OR
__ Write down 10 objects
from your refrigerator.

__ Read 15 Minutes
OR
__ Leave a thank you note
or color picture for
your principal.

PRIZE

__ Read 15 Minutes
OR
__ Make paper airplanes and see
who's flies the furthest.

__ Read 15 Minutes
Or
__ Plant some flower
seeds around your house.

__ Read 15 Minutes
OR
__ Play a game with a
member of your family

__ Read 15 Minute
OR
__ Write down 5 imaginary animals
you would like for a pet.

__ Read 15 Minutes
OR
__ Pick flowers and give them
to another neighbor.

__ Read 15 Minutes
OR
__ Take a walk with an adult.

__ Read 15 Minutes
OR
__ Write down 10
objects that begin with an "L".

__ Read 15 Minutes
OR
__ Clean up your room
without being asked.



